Nike (Men)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| UK | Shoe Size (women's) | Shoe Size (men's) | Length of Foot (cm) | Length of Foot(inches) |
| 3 | 5 | 3.5 | 21.5 |  |
| 3.5 | 5.5 | 4 | 22 |  |
| 4 | 6 | 4.5 | 22.5 |  |
| 4.5 | 6.5 | 5 | 23 |  |
| 5 | 7 | 5.5 | 23.5 |  |
| 5.5 | 7.5 | 6 | 24 |  |
| 6 | 8 | 7 | 24.5 | 9 |
| 6.5 | 8.5 | 7.5 | 25 | 9 |
| 7 | 8 | 8 | 25.4 | 10 |
| 7.5 | 9.5 | 8.5 | 25.8 | 10 |
| 8 | 10 | 9 | 26.2 | 10 |
| 8.5 | 10.5 | 9.5 | 26.7 | 10 ½ |
| 9 | 11 | 10 | 27.1 | 10 |
| 9.5 | 11.5 | 10.5 | 27.5 | 10 |
| 10 | 12 | 11 | 27.9 | 11 |
| 10.5 | 12.5 | 11.5 | 28.3 | 11 |
| 11 | 13 | 12 | 28.8 | 11 |
| 11.5 | 13.5 | 12.5 | 29.2 | 11 ½ |
| 12 | 14 | 13 | 29.6 | 11 |

Adidas

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Heel-toe (INCH) | UK | EU | US - Men | US - Women | Heel-toe (cm) |
| 8.7" | 3.5 | 36 | 4 | 5 | 22.1 cm |
| 8.9" | 4 | 36 2/3 | 4.5 | 5.5 | 22.5 cm |
| 9.0" | 4.5 | 37 1/3 | 5 | 6 | 22.9 cm |
| 9.2" | 5 | 38 | 5.5 | 6.5 | 23.3 cm |
| 9.4" | 5.5 | 38 2/3 | 6 | 7 | 23.8 cm |
| 9.5" | 6 | 39 1/3 | 6.5 | 7.5 | 24.2 cm |
| 9.7" | 6.5 | 40 | 7 | 8 | 24.6 cm |
| 9.8" | 7 | 40 2/3 | 7.5 | 8.5 | 25.0 cm |
| 10.0" | 7.5 | 41 1/3 | 8 | 9 | 25.5 cm |
| 10.2" | 8 | 42 | 8.5 | 9.5 | 25.9 cm |
| 10.4" | 8.5 | 42 2/3 | 9 | 10 | 26.3 cm |
| 10.5" | 9 | 43 1/3 | 9.5 | 10.5 | 26.7 cm |
| 10.7" | 9.5 | 44 | 10 | 11 | 27.1 cm |
| 10.9" | 10 | 44 2/3 | 10.5 | 11.5 | 27.6 cm |
| 11.0" | 10.5 | 45 1/3 | 11 | 12 | 28.0 cm |
| 11.2" | 11 | 46 | 11.5 | 12.5 | 28.4 cm |
| 11.3" | 11.5 | 46 2/3 | 12 | 13 | 28.8 cm |
| 11.5" | 12 | 47 1/3 | 12.5 | 13.5 | 29.3 cm |
| 11.7" | 12.5 | 48 | 13 | 14 | 29.7 cm |
| 11.9" | 13 | 48 2/3 | 13.5 | 14.5 | 30.1 cm |
| 12.0" | 13.5 | 49 1/3 | 14 | 15 | 30.5 cm |
| 12.2" | 14 | 50 | 14.5 | 15.5 | 31.0 cm |
| 12.4" | 14.5 | 50 2/3 | 15 | -- | 31.4 cm |
| 12.7" | 15 | 51 1/3 | 16 | -- | 31.8 cm |
| 13.0" | 16 | 52 2/3 | 17 | -- | 32.6 cm |
| 13.3" | 17 | 53 1/3 | 18 | -- | 33.5 cm |
| 13.7" | 18 | 54 2/3 | 19 | -- | 34.3 cm |
| 14.0" | 19 | 55 2/3 | 20 | -- | 35.2 cm |

Puma

| **Size** | **Heel Height** | **Length (cm)** | **Length(Inches)** | **Weight** | **Width** |
| --- | --- | --- | --- | --- | --- |
| **3** |  | 22 | 8.7 |  |  |
| **3.5** | 3 | 22.5 | 8.9 |  | 9 |
| **4** | 3 | 23 | 9.1 |  | 9 |
| **4.5** | 3 | 23.5 | 9.3 |  | 9 |
| **5** | 3 | 24 | 9.4 | 310 | 9.5 |
| **5.5** | 3 | 24.5 | 9.6 |  | 9.5 |
| **6** | 3 | 25 | 9.8 |  | 9.5 |
| **6.5** | 3 | 25.5 | 10.0 |  | 9.5 |
| **7** | 3 | 26 | 10.2 |  | 9.5 |
| **7.5** |  | 26.5 | 10.4 |  |  |
| **8** |  | 27 | 10.6 |  |  |
| **8.5** |  | 27.5 | 10.8 |  |  |
| **9** |  | 28 | 11.0 |  |  |
| **9.5** |  | 28.5 | 11.2 |  |  |
| **10** |  | 29 | 11.4 |  |  |
| **10.5** |  | 29.5 | 11.6 |  |  |
| **11** |  | 30 | 11.8 |  |  |
| **12** |  | 31 | 12.2 |  |  |
| **13** |  | 32 | 12.6 |  |  |
| **14** |  | 33 | 13.0 |  |  |

Reebok

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **USA Men** | **UK** | **1. HEEL-TOE** | **EUR** | **CM** |
| 2 | 1 | - | 32 | 21 |
| 2.5 | 1.5 | - | 32.5 | 21.5 |
| 3 | 2 | - | 33 | 22 |
| 3.5 | 2.5 | - | 34 | 22.5 |
| 4 | 3 | - | 34.5 | 23 |
| 4.5 | 3.5 | - | 35 | 23.3 |
| 5 | 4 | - | 36 | 23.5 |
| 5.5 | 4.5 | - | 36.5 | 23.6 |
| 6 | 5 | - | 37.5 | 24 |
| 6.5 | 5.5 | - | 38.5 | 24.5 |
| 7 | 6 | 9.8" | 39 | 25 |
| 7.5 | 6.5 | 10" | 40 | 25.5 |
| 8 | 7 | 10.2" | 40.5 | 26 |
| 8.5 | 7.5 | 10.4" | 41 | 26.5 |
| 9 | 8 | 10.6" | 42 | 27 |
| 9.5 | 8.5 | 10.8" | 42.5 | 27.5 |
| 10 | 9 | 11" | 43 | 28 |
| 10.5 | 9.5 | 11.2" | 44 | 28.5 |
| 11 | 10 | 11.4" | 44.5 | 29 |
| 11.5 | 10.5 | 11.6" | 45 | 29.5 |
| 12 | 11 | 11.8" | 45.5 | 30 |
| 12.5 | 11.5 | 12" | 46 | 30.5 |
| 13 | 12 | 12.2" | 47 | 31 |
| 13.5 | 12.5 | 12.4" | 48 | 31.5 |
| 14 | 13 | 12.6" | 48.5 | 32 |
| 14.5 | 13.5 | 12.8" | 49 | 32.5 |
| 15 | 14 | 13" | 50 | 33 |
| 15 | 14 | - | 50 | 33 |
| 15.5 | 14 | - | 51 | 33.5 |
| 16 | 15 | - | 52 | 34 |
| 16.5 | 15.5 | - | 53 | 34.5 |
| 17 | 16 | - | 53.5 | 35 |
| 17.5 | 16.5 | - | 54 | 35.5 |
| 18 | 17 | - | 55 | 36 |
| 18.5 | 17.5 | - | 56 | 36.5 |
| 19 | 18 | - | 56.5 | 37 |
| 19.5 | 18.5 | - | 57 | 37.5 |
| 20 | 19 | - | 58 | 38 |
| 21 | 20 | - | 58.5 | 38.5 |
| 22 | 21 | - | 59 | 39 |

New Balance

| **US (MEN'S)** | **US (WOMEN'S)** | **UK** | **EU** | **LENGTH (CM)** |
| --- | --- | --- | --- | --- |
| **2.5** | **4** | **2** | **34** | **20** |
| **3** | **4.5** | **2.5** | **34.5** | **20.5** |
| **3.5** | **5** | **3** | **35** | **21** |
| **4** | **5.5** | **3.5** | **36** | **21.5** |
| **4.5** | **6** | **4** | **36.5** | **22** |
| **5** | **6.5** | **4.5** | **37** | **22.5** |
| **5.5** | **7** | **5** | **37.5** | **23** |
| **6** | **7.5** | **5.5** | **38** | **23.5** |
| **6.5** | **8** | **6** | **39** | **24** |
| **7** | **8.5** | **6.5** | **40** | **24.5** |
| **7.5** | **9** | **7** | **40.5** | **25** |
| **8** | **9.5** | **7.5** | **41** | **25.5** |
| **8.5** | **10** | **8** | **41.5** | **26** |
| **9** | **10.5** | **8.5** | **42.5** | **26.5** |
| **9.5** | **11** | **9** | **43** | **27** |
| **10** | **11.5** | **9.5** | **43.5** | **27.5** |
| **10.5** | **12** | **10** | **44** | **28** |
| **11** | **12.5** | **10.5** | **45** | **28.5** |
| **11.5** | **13** | **11** | **45.5** | **29** |
| **12** | **13.5** | **11.5** | **46** | **29.5** |
| **12.5** | **14** | **12** | **46.5** | **30** |
| **13** | **15** | **12.5** | **47.5** | **31** |
| **14** | **-** | **13.5** | **49** | **32** |
| **15** | **-** | **14.5** | **50** | **33** |
| **16** | **-** | **15.5** | **51** | **34** |
| **17** | **-** | **16.5** | **52** | **35** |
| **18** | **-** | **17.5** | **53** | **36** |